Easy Pickin's 2017 CSA Weekly Share Contents

NOTES:

- Unless otherwise noted, HALF shares get all the same items as FULL shares, but in smaller quantities.
- 2. In weeks 1-3 (early season June), when the variety of crops ready for picking was smaller, there were fewer different items in the share, and only normal amounts of each. This is compensated for in August - September, when the variety is much greater, so the shares can have more different items and a greater amount of each.
- 3. Where 2-3 veggies, (or 2 fruits) are listed as "either / or," it means that the item packed in the share varied by pick-up day, according to what was available for harvest. (@) See details in CSA 2017 Summary.
- 4. Also re: fruit, the FULL / HALF share differential was done by (depending on type(s) of fruit):
 - a. if 1 type berries or fruit only: FULL gets 2x the amount (& some weeks the fruit varied by day)
 - b. if 2 types of fruit or berries: ALL shares get 1 type, sometimes only FULLs get the second type
 - c. Week 15: everyone got 3 fruits!!

WEEK 1: 6/19

- * lettuce: Romaine or leaf (all); Buttercrunch (FULL shares only)
- * radishes: bunch multi-color
- * green onions aka scallions
- * kale: Red Russian
- * Swiss chard (mostly green)
- * strawberries

WEEK 2: 6/19

- * lettuce: red or green leaf, Romaine or Buttercrunch (@) * kale: Tuscan / Lacinato / "dinosaur"
- rainbow Swiss chard
- * green onions aka scallions

- bunch sweet white Hakurei turnips with greens
- strawberries

WEEK 3: 6/26

- * lettuce: red or green leaf, Romaine or Buttercrunch (@) * bunch red beets with greens
- escarole
- broccoli

- * bunch sweet white Hakurei turnips with greens
- strawberries

WEEK 4: 7/3

- Asian greens: bok choy (all), tatsoi (FULL shares only)
- small European "summer" cabbage
- lettuce: red or green leaf, Romaine or Buttercrunch (@) * summer raspberries
- peas: sugar snap or shell (@)

- green onions aka scallions
- broccoli

WEEK 5: 7/10

- bunch sweet white Hakurei turnips with greens
- tatsoi
- * kohlrabi
- peas: sugar snap or shell (@)
- Swiss chard: rainbow or green (@)

- kale: Red Russian, "dinosaur" or curly Winterbor (@)
- * pickling cucumbers
- * lettuce: red or green leaf, Romaine or Buttercrunch (@)
- * summer raspberries or blueberries (@)

WEEK 6: 7/17

- * bok choy
- * shell peas or broccoli (@)
- * bunch red beets with greens
- * fennel: bulb with fronds

- cucumbers: pickling or slicing (@)
- * lettuce: any of several varieties (@)
- * fresh onions (not yet "cured")
- * summer raspberries &/or blueberries (@) (FULL shares got both)

WEEK 7: 7/24

- * Tendersweet aka "flat-head" smooth green European summer cabbage
- broccoli or string beans (@)
- bunch sweet white Hakurei turnips, no greens
- Swiss chard: rainbow or green (@)

- * lettuce: red or green leaf, or butterhead (@)
- * fresh onions (not yet "cured")
- * Methley sugar plums (all)
- * blueberries or raspberries (FULL shares only)

WEEK 8: 7/31

- bunch red beets with greens
- kohlrabi
- eggplant: Greek/Italian purple, or Asian lavender/purple *
- * kale: Red Russian, "dinosaur" or curly Winterbor (@)
- either/or: zucchini / summer squash, string beans, or cucumbers (pickling or slicing) (@)
- lettuce: red or green leaf, or Buttercrunch (@)
- peaches (all)
- blueberries (FULL shares only)

WEEK 9: 8/7

- * Chinese cabbage (Napa)
- * European cabbage: Tendersweet (FULL shares); red mini-cabbage (HALF shares)
- either/or: zucchini / summer squash, or string beans (@) * blueberries (FULL shares only)
- fresh onions (not yet "cured")

- bunch fresh basil
- fennel: bulb with fronds
- peaches &/or Methley sugar plums (all)

WEEK 10: 8/14

- sweet bell peppers
- salad tomatoes
- fresh onions (not yet "cured")
- * bunch fresh basil

- * eggplant: Greek/Italian purple or Asian lavender/purple
- * Paula Red apples (all)
- * blueberries or "fall" raspberries (FULL shares only)

WEEK 11: 8/21

- * bunch red beets, no greens
- * slicing cucumbers
- * early apples: likely Paula Reds (all)

- bunch early carrots
- broccoli &/or string beans (@) * "fall" raspberries (FULL shares only)
- * kale: mostly curly (Winterbor) *
- salad tomatoes
- bunch fresh basil

leeks

WEEK 12: 8/28 - Salsa Kit (*)

- sweet bell pepper (*)
- * medium-hot pepper: banana, Hungarian wax, poblano or jalapeño (*)
- tomatillo (*)
- small bunch cilantro (*)
- small ("4th of July") salad tomatoes (*)
- * fresh onion (not yet "cured") (*)
- either/or: zucchini / summer squash, or string beans (@)
- eggplant: Greek/Italian purple or Asian lavender/purple
- early McIntosh apples (all)
- fall raspberries (FULL shares only)

WEEK 13: 9/4

- potatoes: Yukon Gold
- tatsoi
- salad tomatoes leeks
- zucchini &/or summer squash * bunch fresh dill
- * apples: McIntosh or Gala (all)
- * fall raspberries (FULL shares only pickingweather dependent)

WEEK 14: 9/11

- * smooth green European cabbage: round or caraflex ("cone-head")
- bunch beets: likely golden, & likely with greens
- carrots
- salad or plum tomatoes

- - * lettuce: mostly red or green leaf
 - onions: fresh or cured (dry exterior) (@)
 - Gala apples

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WEEK 15: 9/18

- * zucchini / yellow summer squash mix
- * beans: green or purple string, yellow wax, or Italian flat (@)
- * bok choy
- lettuce: red or green leaf, Romaine or Buttercrunch (@)
- red & yellow cipollini onion mix
- * apples: Gala / Macoun mix
- * fall raspberries
- * Italian prune plums

WEEK 16: 9/25

- * zucchini / yellow summer squash mix
- * beans: green or purple string, yellow wax, or Italian flat (@)
- * broccoli
- * Tendersweet cabbage
- * kohlrabi

- salad tomatoes
- * lettuce: red or green leaf, or Romaine (@)
- * apples: mix of mid-season varieties
- * Asian pears

WEEK 17: 10/2

- * beans: green or purple string, yellow wax, or Italian flat (@)
- * Chinese cabbage (Napa)
- * carrots
- * leeks

- potatoes: russets or Red Norland (@)
- * arugula
- * celery
- * apples: mix of mid-season varieties

WEEK 18: 10/9

- * beans: mostly green string
- * carrots
- * bunch red beets, no greens
- * cured onions
- * escarole
- * Brussels sprouts (by the stalk)
- * bunch fresh dill
- apples: Mutsu &/or Empire

WEEK 19: 10/16

- * purple & green string beans
- * Asian greens: bok choy (all), tatsoi (FULL shares only)
- * peppers: sweet bells &/or fryers, green multi-colors
- * salad tomatoes

- * leeks
- * sugar baking pumpkin
- * apples: mid-to-late-season medley

WEEK 20: 10/23

- * Kennebec all-purpose potatoes
- * carrots
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- * European smooth green cabbage
- Brussels sprouts (by the stalk)
- * kohlrabi
- * acorn squash

- * spaghetti squash
- * apples: late-season medley

THANKSGIVING: 11/18, 11/21

Kennebec all-purpose potatoes

- * butternut squash
- * carrots
 - : rutabaga
- sweet potatoes * green Savoy cabbage
- * leeks
- sugar baking pumpkin
- * apples: mix of late-season varieties

WINTER HOLIDAYS: 12/21, 12/23

- butternut squash
- * fresh-picked greenhouse spinach
- Kennebec all-purpose potatoes
- * leeks

* carrots

- sugar baking pumpkin
- * apples: mix of late-season varieties

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