Easy Pickin’s 2017 CSA Weekly Share Contents

NOTES:
1. Unless otherwise noted, HALF shares get all the same items as FULL shares, but in smaller quantities.
2. In weeks 1-3 (early season - June), when the variety of crops ready for picking was smaller, there were fewer different items in the share, and only normal amounts of each. This is compensated for in August - September, when the variety is much greater, so the shares can have more different items and a greater amount of each.
3. Where 2-3 veggies, (or 2 fruits) are listed as “either / or,” it means that the item packed in the share varied by pick-up day, according to what was available for harvest. (©) See details in CSA 2017 Summary.
4. Also re: fruit, the FULL / HALF share differential was done by (depending on type(s) of fruit):
   a. if 1 type berries or fruit only: FULL gets 2x the amount (& some weeks the fruit varied by day)
   b. if 2 types of fruit or berries: ALL shares get 1 type, sometimes only FULLs get the second type
   c. Week 15: everyone got 3 fruits!!

WEEK 1: 6/19
• lettuce: Romaine or leaf (all); Buttercrunch (FULL shares only)
• radishes: bunch multi-color
• green onions aka scallions
• strawberries

WEEK 2: 6/19
• lettuce: red or green leaf, Romaine or Buttercrunch (©)
• rainbow Swiss chard
• green onions aka scallions
• kale: Red Russian
• bunch sweet white Hakurei turnips with greens
• strawberries

WEEK 3: 6/26
• lettuce: red or green leaf, Romaine or Buttercrunch (©)
• escarole
• broccoli
• bunch red beets with greens
• bunch sweet white Hakurei turnips with greens
• strawberries

WEEK 4: 7/3
• Asian greens: bok choy (all), tatsoi (FULL shares only)
• small European "summer" cabbage
• lettuce: red or green leaf, Romaine or Buttercrunch (©)
• peas: sugar snap or shell (©)
• green onions aka scallions
• broccoli
• summer raspberries

WEEK 5: 7/10
• bunch sweet white Hakurei turnips with greens
• tatsoi
• kohlrabi
• peas: sugar snap or shell (©)
• Swiss chard: rainbow or green (©)
• kale: Red Russian, "dinosaur" or curly Winterbor (©)
• pickling cucumbers
• lettuce: red or green leaf, Romaine or Buttercrunch (©)
• summer raspberries or blueberries (©)

WEEK 6: 7/17
• bok choy
• shell peas or broccoli (©)
• bunch red beets with greens
• fennel: bulb with fronds
• cucumbers: pickling or slicing (©)
• lettuce: any of several varieties (©)
• fresh onions (not yet "cured")
• summer raspberries &/or blueberries (©) (FULL shares got both)
WEEK 7: 7/24
* Tendersweet aka "flat-head" smooth green European summer cabbage
* broccoli or string beans (@)
* bunch sweet white Hakurei turnips, no greens
* Swiss chard: rainbow or green (@)

* lettuce: red or green leaf, or butterhead (@)
* fresh onions (not yet "cured")
* Methley sugar plums (all)
* blueberries or raspberries (FULL shares only)

WEEK 8: 7/31
* bunch red beets with greens
* kohlrabi
* eggplant: Greek/Italian purple, or Asian lavender/purple
* kale: Red Russian, "dinosaur" or curly Winterbor (@)

* either/or: zucchini / summer squash, string beans, or cucumbers (pickling or slicing) (@)
* lettuce: red or green leaf, or Buttercrunch (@)
* peaches (all)
* blueberries (FULL shares only)

WEEK 9: 8/7
* Chinese cabbage (Napa)
* European cabbage: Tendersweet (FULL shares); red mini-cabbage (HALF shares)
* either/or: zucchini / summer squash, or string beans (®)
* fresh onions (not yet "cured")

* bunch fresh basil
* fennel: bulb with fronds
* peaches &/or Methley sugar plums (all)
* blueberries (FULL shares only)

WEEK 10: 8/14
* sweet bell peppers
* salad tomatoes
* fresh onions (not yet "cured")
* bunch fresh basil

* eggplant: Greek/Italian purple or Asian lavender/purple
* Paula Red apples (all)
* blueberries or "fall" raspberries (FULL shares only)

WEEK 11: 8/21
* bunch red beets, no greens
* slicing cucumbers
* early apples: likely Paula Reds (all)
* bunch fresh basil

* bunch early carrots
* broccoli &/or string beans (®)
* "fall" raspberries (FULL shares only)
* leeks

* kale: mostly curly (Winterbor)
* tatsoi
* early McIntosh apples (all)
* fall raspberries (FULL shares only)

WEEK 12: 8/28 - Salsa Kit (*)
* sweet bell pepper (*)
* medium-hot pepper: banana, Hungarian wax, poblano or jalapeño (*)
* tomatillo (*)
* small bunch cilantro (*)
* small ("4th of July") salad tomatoes (*)

* fresh onion (not yet "cured") (*)
* either/or: zucchini / summer squash, or string beans (®)
* eggplant: Greek/Italian purple or Asian lavender/purple
* early McIntosh apples (all)
* fall raspberries (FULL shares only)

WEEK 13: 9/4
* potatoes: Yukon Gold
* salad tomatoes
* zucchini &/or summer squash
* tatsoi
* leeks
* bunch fresh dill

* apples: McIntosh or Gala (all)
* fall raspberries (FULL shares only - picking-weather dependent)

WEEK 14: 9/11
* smooth green European cabbage: round or caraflex ("cone-head")
* bunch beets: likely golden, & likely with greens
* carrots
* salad or plum tomatoes

* lettuce: mostly red or green leaf
* onions: fresh or cured (dry exterior) (®)
* Gala apples
### WEEK 15: 9/18
- zucchini / yellow summer squash mix
- beans: green or purple string, yellow wax, or Italian flat (@)
- bok choy
- lettuce: red or green leaf, Romaine or Buttercrunch (@)
- red & yellow cipollini onion mix
- apples: Gala / Macoun mix
- fall raspberries
- Italian prune plums

### WEEK 16: 9/25
- zucchini / yellow summer squash mix
- beans: green or purple string, yellow wax, or Italian flat (@)
- broccoli
- Tendersweet cabbage
- salad tomatoes
- lettuce: red or green leaf, or Romaine (@)
- apples: mix of mid-season varieties
- Asian pears

### WEEK 17: 10/2
- beans: green or purple string, yellow wax, or Italian flat (@)
- Chinese cabbage (Napa)
- carrots
- leeks
- potatoes: russets or Red Norland (@)
- arugula
- celery
- apples: mix of mid-season varieties

### WEEK 18: 10/9
- beans: mostly green string
- carrots
- bunch red beets, no greens
- cured onions
- escarole
- Brussels sprouts (by the stalk)
- bunch fresh dill
- apples: Mutsu &/or Empire

### WEEK 19: 10/16
- purple & green string beans
- Asian greens: bok choy (all), tatsoi (FULL shares only)
- peppers: sweet bells &/or fryers, green multi-colors
- salad tomatoes
- leeks
- sugar baking pumpkin
- apples: mid-to-late-season medley

### WEEK 20: 10/23
- Kennebec all-purpose potatoes
- carrots
- European smooth green cabbage
- Brussels sprouts (by the stalk)
- leeks
- kohlrabi
- acorn squash
- spaghetti squash
- apples: late-season medley

### THANKSGIVING: 11/18, 11/21
- butternut squash
- Kennebec all-purpose potatoes
- sweet potatoes
- carrots
- rutabaga
- green Savoy cabbage
- leeks
- sugar baking pumpkin
- apples: mix of late-season varieties

### WINTER HOLIDAYS: 12/21, 12/23
- butternut squash
- Kennebec all-purpose potatoes
- carrots
- fresh-picked greenhouse spinach
- leeks
- sugar baking pumpkin
- apples: mix of late-season varieties